



Jr. Team Tennis – 14U & 18U Format, Scoring and Rules

1. **Format:** 2 rounds of 1 singles and 1 doubles match. A player may play one singles line and one doubles line or 2 doubles lines per match. Order of play: #1 singles and #2 doubles followed by #2 singles and #1 doubles.
2. **Scoring:** 1 set of 6 games, 7 point tiebreaker at 5 all. Traditional tiebreak is used, not Coman. Tiebreaks are win by 2 pts. No ad, receiver chooses side to receive.
3. **Balls:** Regular yellow ball
4. **Court:** Standard court size (full court) and regulation net height.
5. **Serve:** Serve is hit diagonally overhand into service box from the baseline. You will have two tries to get the serve into the box. Change servers after every game. Spin racquet to determine who serves first.
6. **Changeovers:** Players will change sides on odd games.
7. **Court Monitors:** No on court monitoring is usually necessary. No one is allowed on the courts for intermediate except the players. Any “guiding” of the score must be discussed between the two captains before the match starts. The flow of the match should not be interrupted. If recreational players need guidance a monitor can be assigned.

*******Parents must sit outside of the fences at the courts*******
8. **Coaching:** Children may be coached on the changeovers. Coaching should be a positive reinforcement to your player and not against the opponent. Coaching should not interfere with the flow of the game.
9. **Medical time outs:** A medical time out consists of evaluation time plus a maximum of three minutes treatment time. Medical conditions include but are not limited to an injury, illness, and heat related condition or cramping.
10. **Toilet Visits:** A player may request one or more suspensions of play for a toilet visit. No coaching shall be permitted during the suspension of play for either a medical time out or a toilet visit.