



8 & Under Format, Scoring, and Rules

1. **Format:** 4 singles. A player may play two singles lines per match.
2. **Scoring:** Best of 3 games. First to win 7 points wins the game. First to win 2 games is the winner. Change sides after each game. 3rd set will be scored as 1-0 on the scorecard. Matches last about 20 minutes.
3. **Balls:** Red felt low compression balls.
4. **Court:** 36 feet long and 18 feet wide. Net height is 2ft. 9in. If you do not have a QST net, you may use caution tape or pennant flags. Throw down lines, chalk or electrical tape can be used to mark lines.
5. **Serve:** Drop hit, underhand, or overhand serve hit into either service boxes from the baseline. Server has two chances to get serve in the box. Change servers after every 2 points. Spin racquet to determine who serves first. (On doubles court, serve should be hit into correct service box to avoid confusion or injury).
6. **Changeovers:** Change sides after every game.
7. **Racquets:** Racquets must be 19", 21", or 23".
8. **Court Monitors:** One for every court. Parents will serve as court monitors, but parents will not be allowed to monitor their own kids. Monitors will:
 - a. Guide players on how to spin the racquet. They will most likely know how to do it already, but help them if there is any confusion.
 - b. Help players keep up with the score. Please remind them if they forget.
 - c. Players will call their own lines. Most kids do not intentionally cheat. Do not over-rule a player's call. If there are many bad calls by a player, please notify the team captain so they may speak to that player.

*******Parents must sit outside of the fences at the courts*******
8. **Coaching:** Children may be coached on the changeovers. Coaching should be a positive reinforcement to your player and not against the opponent. Coaching should not interfere with the flow of the game.
9. **Medical time outs:** A medical time out consists of evaluation time plus a maximum of three minutes treatment time. Medical conditions include but are not limited to an injury, illness, and heat related condition or cramping.
10. **Toilet Visits:** A player may request one or more suspensions of play for a toilet visit. No coaching shall be permitted during the suspension of play for either a medical time out or a toilet visit.